

4/9/20

Dear Students, Families, and Friends,

The activities on the next several pages were created for you to sharpen your skills, challenge yourself, and explore learning. These are not meant to replace classroom learning and parents are not being asked to replace teachers. If at any time, you are confused about an activity, need some extra support, or maybe just need to talk with someone, our teachers and staff are here for you.

- All teachers keep regular office hours from 9am until noon each school day.
- All teachers and staff can be contacted by email ([firstname.lastname@fsd145.org](mailto:firstname.lastname@fsd145.org)).
- Some teachers also use Remind, Schoology, or Google Classroom to send and receive messages.

For the most current information about our emergency closure and remote learning plans, please visit our website (<https://www.fsd145.org/emergency>) for regular updates. You will always find information sorted by date, so it should be easy to follow the most recent updates.

Take care and stay safe. We'll see you soon,

From all of us here at Freeport School District



Remote Learning Day Student Activities:

[April 9th](#)  
[April 14th](#)  
[April 15th](#)  
[April 16th](#)

[April 17th](#)  
[April 20th](#)  
[April 21st](#)  
[April 22nd](#)

[Social Emotional Learning \(SEL\) Activities](#)  
[Electives](#)

1st Grade			4/9/20 - 4/22/20
Theme(s)	ELA Skills Focus	Math Skills Focus	Other Skills Focus
Spring	Story Elements	Addition and subtraction to 20	SEL: Respect Yourself and Others
Baby Animals	Summarizing	Story problems	
	Sight Words	fractions/partitioning	
	Main Idea and Details		

## Remote Learning Activities for Students

1st Grade -- April 9th (Spring)

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge [any subject]
<b>Activity 1 and Instructions</b>	<p style="text-align: center;"><b><u>Spring Kite Fraction Fun!</u></b></p> <p>Draw a large rhombus (kite shape) on a piece of paper. Divide the rhombus into fourths. Decorate <math>\frac{1}{4}</math> of the kite with stripes. Decorate another <math>\frac{1}{4}</math> with polka dots. Decorate another <math>\frac{1}{4}</math> with your name. Decorate the last <math>\frac{1}{4}</math> anyway you choose. Then write a sentence for each <math>\frac{1}{4}</math> describing the colors you used. Example: I decorated <math>\frac{1}{4}</math> of my kite with red, blue, green and yellow stripes. The next <math>\frac{1}{4}</math> I decorated with pink and purple polka dots....etc. <b>(1.G.3)</b></p>	<p style="text-align: center;"><b><u>Parts of a Story Quilt</u></b></p> <p>Pick a book you have at home or think of a book you've read before. Take a piece of paper and fold it in half, then fold it in half again. In the first square draw the main character(s), in the 2nd square draw the setting, in the third square draw the problem, and the last square draw the ending/how they solved the problem.</p> <p>Write a sentence under each picture to explain what the picture shows.</p> <p style="text-align: center;">(RL.1.1)</p>	<p style="text-align: center;"><b><u>Science: Signs of Spring</u></b></p> <p>Go outside in your yard or take a walk around the block with an adult and draw the signs of spring you see. What do you hear? See? Smell? Touch?</p> <p style="text-align: center;">or</p> <p>Create a list of possible things you might find when looking for evidence that it is Spring. Now go outside and find them!</p> <p style="text-align: center;">(1-LF3)</p>	<p>Google the website "Scholastic Learn at home"</p> <p>Click on Grades 1-2.</p> <p>Go to Week 3.. Complete the activities for Day 14.</p> <p>Watch the following book on YouTube:</p> <p style="text-align: center;"><a href="https://youtu.be/75NQK-Sm1YY">https://youtu.be/75NQK-Sm1YY</a></p> <p>Draw the life cycle of caterpillars or design a butterfly that has symmetrical wings.</p>
<b>Activity 2 and Instructions</b>	<p style="text-align: center;"><b><u>Addition Hunt</u></b></p> <p>Make a deck of cards and number them 0-20. Now have a parent or sibling hide them throughout your house. As you find them, add each pair together to form a number sentence. Too easy? Add 3 cards together! <b>(1.OA.6)</b></p>	<p style="text-align: center;"><b><u>Rainbow Writing</u></b></p> <p>Pick 3 colors and write each of the following words in each color: <b>Why, by, my, try, put, two, too, very, also, some, come.</b></p> <p>Pick 3 and put them in a sentence.</p> <p style="text-align: center;">(RF1.3)</p>		

**Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.**

**Parent Signature:** \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade --April 14

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
<b>Activity 1 and Instructions</b>	<p><b><u>Addition with Random Objects</u></b></p> <p>Find two different objects that you have 10 a piece of. For example, 10 pencils and 10 toothpicks. Or 10 socks and 10 toys. Have students blindly grab a number of objects from each pile. Then have students add objects together. Switch to subtraction for a challenge!</p> <p style="text-align: center;"><a href="#">(CCSS.MATH.CONTENT.1.OA.C.6)</a></p>	<p><b><u>Book Fun</u></b></p> <p>Choose a Spring related book that you have at home. Have students retell the beginning, middle, and end of the book. Then have students write words that describe the main character(ex. Funny, short, happy, blonde). Use those words to draw a picture of the main character!</p> <p style="text-align: center;"><a href="#">(CCSS.ELA-LITERACY.RL.1.2)</a></p>	<p><b><u>Social Studies</u></b></p> <p>Go for a walk in your community. Talk about different rules and laws you have to follow. Discuss why we have rules and laws(to keep us safe). Encourage your student to find different things on the walk that help keep us safe.</p> <p>Ex) crosswalks, stop signs, stop lights, police officers</p> <p style="text-align: center;">(SS.CV.2.1)</p>	<p><a href="#">The Bad Seed - Read Aloud.</a></p> <p><a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p> <p>Log in to your Clever account and show someone at home your favorite book on MyOn or RAZ Kids. After listening to the story, retell it to someone at home.</p>
<b>Activity 2 and Instructions</b>	<p><b><u>Help at Dinner</u></b></p> <p>Make something for dinner that can be split into equal parts. A pizza, casserole, meatloaf, anything that your student can help split into equal parts. Have them help you cut it into two equal parts(use language like you cut it in <i>half</i> or there are now two equal <i>halves</i>). Then continue by cutting it into four equal parts(using language like it is now in <i>fourths</i>).</p> <p style="text-align: center;"><a href="#">(CCSS.MATH.CONTENT.1.MD.A.2)</a></p>	<p><b><u>Sight Word Puddle Jump</u></b></p> <p>On blue pieces of paper (or white paper you colored blue) write one of the following sight words on each... across, because, try, why, where, were, should, could, here, there</p> <p>Take your sight word puddles outside and spread them out. Have students jump from puddle to puddle reading each sight word as they go!</p> <p style="text-align: center;"><a href="#">(CCSS.ELA-LITERACY.RF.1.3.G)</a></p>		<p>Science: Write or draw a picture about how the environment changes from winter to spring.</p>

**Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.**

**Parent Signature:** \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- April 15th

Parents: Choose two activities from each page each day.

	<b>Math</b>	<b>Reading and Writing</b>	<b>Science/ Social Studies</b>	<b>Extra Challenge (any subject)</b>																								
<b>Activity 1 and Instructions</b>	<p><b><u>Spring Sorting</u> <math>\frac{1}{2}</math> &amp; <math>\frac{1}{4}</math></b>            Take a piece of paper and cut it into 12 squares. Draw 12 different Spring items on each square. Work on various ways to group the items into 2 equal groups and then into 4 equal groups. If you want a challenge, classify how you sort.</p> <p style="text-align: center;"><b>(1.G.3)</b></p>	<p><b><u>Exploring a Book</u></b>            Find a book in your house that has a sun, bugs, or Spring items in the illustrations. Read the book with someone and describe some key details from the text and how it connects to Spring.</p> <p style="text-align: center;"><b>(RL.1.1)</b></p>	<p style="text-align: center;"><b><u>Science</u></b>  <b><u>Weather Journal</u></b></p> <p>Keep a journal of the weather and discuss the different types of clouds and weather. Have students write a sentence about their favorite type of weather.</p> <p style="text-align: center;">Challenge:</p> <p style="text-align: center;"><b>Using household materials, build a working rain gauge or wind vane.</b>(link)</p> <p>Use this quiet time to tinker and consider how things are made</p> <p style="text-align: center;"><b>(1-ESS1-2 &amp; K-2-ETS1-1)</b></p>	<p style="text-align: center;"><b><u>Free Choice</u></b></p> <p>-Go to previous "Learning Plans" and pick items that you did not do or want to make better!</p> <p>-Visit your Clever and select Reading &amp; Math Activities</p> <p>-Google these other ideas if needing more online components:</p> <p style="text-align: center;">*Scholastic "Learning at Home"</p> <p style="text-align: center;">*Read Alouds:  <a href="https://www.storylineonline.net/">https://www.storylineonline.net/</a></p> <p style="text-align: center;">*Math:  <a href="https://sites.google.com/mathlearningcenter.org/math-at-home/grade-1">https://sites.google.com/mathlearningcenter.org/math-at-home/grade-1</a></p> <p style="text-align: center;">*Cosmic Kids Yoga            *Virtual Field Trips            *Artforkidshub</p>																								
<b>Activity 2 and Instructions</b>	<p><b><u>Adding &amp; Subtracting Fluency</u></b></p> <p>With sidewalk chalk, shaving cream/flour on a table, or paper pencil draw a number line 1-20. Add or subtract the following equations:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">3+3=</td> <td style="width: 50%;">6-3=</td> </tr> <tr> <td>6+6=</td> <td>12-6=</td> </tr> <tr> <td>8+8=</td> <td>16-8=</td> </tr> <tr> <td>? =4+4</td> <td>8-4=</td> </tr> <tr> <td>9+9=</td> <td>18-9=</td> </tr> <tr> <td>? =5+5</td> <td>10-5=</td> </tr> </table> <p style="text-align: center;"><b>(1.OA.6)</b></p>	3+3=	6-3=	6+6=	12-6=	8+8=	16-8=	? =4+4	8-4=	9+9=	18-9=	? =5+5	10-5=	<p><b><u>Word Work</u></b></p> <p>Rainbow Write your trick sight words. Write each word first in pencil in a rainbow arch. Then trace over each word using color.</p> <p>*Use these words or other unknown Trick Words from your lists.</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">anything</td> <td style="width: 50%;">across</td> </tr> <tr> <td>something</td> <td>because</td> </tr> <tr> <td>people</td> <td>month</td> </tr> <tr> <td>between</td> <td>another</td> </tr> <tr> <td>friend</td> <td>should</td> </tr> <tr> <td>number</td> <td>called</td> </tr> </table> <p style="text-align: center;"><b>(RF.1.3)</b></p>	anything	across	something	because	people	month	between	another	friend	should	number	called	<p style="text-align: center;"><b>(1-ESS1-2 &amp; K-2-ETS1-1)</b></p>	<p style="text-align: center;">*Math:  <a href="https://sites.google.com/mathlearningcenter.org/math-at-home/grade-1">https://sites.google.com/mathlearningcenter.org/math-at-home/grade-1</a></p> <p style="text-align: center;">*Cosmic Kids Yoga            *Virtual Field Trips            *Artforkidshub</p>
3+3=	6-3=																											
6+6=	12-6=																											
8+8=	16-8=																											
? =4+4	8-4=																											
9+9=	18-9=																											
? =5+5	10-5=																											
anything	across																											
something	because																											
people	month																											
between	another																											
friend	should																											
number	called																											

**Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.**

**Parent Signature:** \_\_\_\_\_

## Remote Learning Activities for Students

1st Grade -- April 16th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
<b>Activity 1 and Instructions</b>	<p><b><u>Flower Fractions</u></b></p> <p>Take a piece of paper, fold it in half and then fold it in half again. Open it up, you should have 4 squares. In each square you will draw a flower with equal parts. In the first square, draw a flower that shows 1 equal part (Ex. a tulip), the 2nd square flower has 2 equal parts, the 3rd square has 3 equal parts and the 4th square has 4 equal parts. Label each petal with the correct fraction (i.e. 1, <math>\frac{1}{2}</math>, <math>\frac{1}{3}</math>, <math>\frac{1}{4}</math>). <b>(1.G.3)</b></p>	<p><b><u>Hunting for Glued Sounds</u></b></p> <p>Pick a book and read for 15 minutes. As you come across any word that has a glued sound (ex. am=ham, ing=Spring, ong=song), write the word down on a piece of paper. When you are done reading, try to think of 10 more words that have glued sounds and add them to your list! <b>(RF1.3)</b></p>	<p><b><u>My Life Timeline</u></b></p> <p>Draw a line across a piece of paper. On the left side, write the date you were born, on the far right side, write today's date. In between these 2 dates label important events that have occurred (ex. Started pre-school, kindergarten, 1st grade, sibling was born, lost a tooth, vacation, learned to ride a bike).</p> <p>Write 3-5 sentences summarizing your lifetime, add pictures to it as well! <b>(W1.3, SS.H.1.1)</b></p>	<p><b><u>Egg Carton Grouping</u></b></p> <p>Use an egg carton, cut each section apart (where the egg was) apart from the carton), when you are done, you will have 12 sections. Use the egg carton pieces to make groups. (Ex. 3 groups of 4). Use your groups to write equations. (Ex. 4+4+4=12)</p> <p>Don't forget to continue to practice your 1st Grade sight words!!</p> <p><a href="https://docs.google.com/document/d/13Ln600jDpQC3a2SZ4ssE2Jc1xMQjJMWW3h11kdat7MM/edit?usp=sharing">https://docs.google.com/document/d/13Ln600jDpQC3a2SZ4ssE2Jc1xMQjJMWW3h11kdat7MM/edit?usp=sharing</a></p>
<b>Activity 2 and Instructions</b>	<p><b><u>Subtraction Hunt</u></b></p> <p>Make a deck of cards and number them 0-20, or use your deck you created last week. Then, have a parent or sibling hide them throughout your house. As you find them, create a subtraction equation. Remember, the larger number goes first! <b>(1.OA.6)</b></p>	<p><b><u>Rainbow Color Scavenger Hunt</u></b></p> <p>Choose 4 color words (ex. Red, orange, yellow, blue). Write the four colors across the top of a piece of paper. Go for a walk around your house and yard and find 5 items of each color. Write them down on your paper. Now, use your list of items to write 3-5 silly sentences. (Ex. The red car and the yellow flower went for a walk.) Don't forget your capital letters and punctuation! <b>(RF1.3, W1.8)</b></p>		

**Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.**

**Parent Signature:** \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- April 17th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)																																		
<b>Activity 1 and Instructions</b>	<p style="text-align: center;"><b><u>Math Match</u></b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Equations:</b></td> <td style="width: 50%;"><b>Answers:</b></td> </tr> <tr> <td>11 + 9</td> <td>20</td> </tr> <tr> <td>14 + 6</td> <td>20</td> </tr> <tr> <td>18 + 1</td> <td>19</td> </tr> <tr> <td>14 + 4</td> <td>18</td> </tr> <tr> <td>10 + 5</td> <td>15</td> </tr> <tr> <td>20 - 5</td> <td>15</td> </tr> <tr> <td>12 - 3</td> <td>9</td> </tr> <tr> <td>18 - 4</td> <td>14</td> </tr> <tr> <td>16 - 6</td> <td>10</td> </tr> <tr> <td>19 - 8</td> <td>11</td> </tr> </table> <p>Have your child write each equation and answer on separate pieces of paper. (You can use 2 different colors of paper or writing to distinguish between equation vs. answer.) Then play the game Match using these cards.</p> <p style="text-align: center;"><b>(1.OA.6)</b></p>	<b>Equations:</b>	<b>Answers:</b>	11 + 9	20	14 + 6	20	18 + 1	19	14 + 4	18	10 + 5	15	20 - 5	15	12 - 3	9	18 - 4	14	16 - 6	10	19 - 8	11	<p style="text-align: center;"><b><u>Sight Word ABC Order</u></b></p> <table style="width: 100%; border: none;"> <tr> <td>anything</td> <td>where</td> </tr> <tr> <td>something</td> <td>because</td> </tr> <tr> <td>people</td> <td>month</td> </tr> <tr> <td>try</td> <td>each</td> </tr> <tr> <td>friend</td> <td>should</td> </tr> <tr> <td>number</td> <td>called</td> </tr> </table> <p>Have your child write the sight words in alphabetical order.</p> <p><b>Extend:</b> Choose 3 words and use them in a complete sentence. (Using correct punctuation and capitalization)</p> <p style="text-align: center;"><b>(RF.1.3)</b></p>	anything	where	something	because	people	month	try	each	friend	should	number	called	<p><b>Science:</b></p> <p>Spring Scavenger Hunt:</p> <p>Go outside or look out a window.</p> <ul style="list-style-type: none"> <li>- Find something that grows and is green</li> <li>- Find 2 things that fly</li> <li>- Name 2 things in the sky</li> <li>- Find something red</li> <li>- Find something that crawls</li> </ul> <p>Choose 2 of the things that you found. Draw a picture and write a sentence to describe each. Don't forget details.</p> <p><b>Extend:</b> Choose 2 of the things that you found and talk about how they are the same or different from what you can see in the winter.</p> <p style="text-align: center;"><b>(1-LS1-2)</b></p>	<p style="text-align: center;"><b><u>Seasons</u></b></p> <p>Song: <a href="https://www.youtube.com/watch?v=8Zjpl6fgYSY">https://www.youtube.com/watch?v=8Zjpl6fgYSY</a></p> <p>Listen to the song by clicking on the link above and talk about the seasons of the year.</p> <p>Read Aloud: <a href="https://www.youtube.com/watch?v=pTbop3HCvxM">https://www.youtube.com/watch?v=pTbop3HCvxM</a></p> <p>(Another resource about the seasons)</p> <p>After listening to the song and read aloud, divide a paper into fourths (using fraction vocabulary). In each box, draw a picture of a season. Then, write 1-2 sentences about that season. (Ex. What can you do in that season? What can you see while in this season? I like this season because ____.)</p> <p style="text-align: center;"><b>(1-LS1-2)</b></p>
<b>Equations:</b>	<b>Answers:</b>																																					
11 + 9	20																																					
14 + 6	20																																					
18 + 1	19																																					
14 + 4	18																																					
10 + 5	15																																					
20 - 5	15																																					
12 - 3	9																																					
18 - 4	14																																					
16 - 6	10																																					
19 - 8	11																																					
anything	where																																					
something	because																																					
people	month																																					
try	each																																					
friend	should																																					
number	called																																					
<b>Activity 2 and Instructions</b>	<p style="text-align: center;"><b><u>Play Dough Fractions</u></b></p> <p>With your child, follow the recipe to make play dough. (Emphasizing the fraction vocabulary.)</p> <p>Recipe: 1 cup flour ½ cup salt 1 packet of Kool Aid mix/food coloring (optional) ½ cup water 1 tsp of oil</p> <p>After making the play dough, practice making different shapes and dividing them into fractions. (½, ¼, 1 whole - emphasize the fraction vocabulary)</p> <p style="text-align: center;"><b>(1.G.3)</b></p>	<p style="text-align: center;"><b><u>Main Character Swap</u></b></p> <p>Choose a story you have at home and read it along with your child. After you are done reading, discuss the main character and events that happened in the beginning, middle, and end.</p> <p><b>Extend:</b> Have your child "swap" the main character for a character that they have created on their own. Retell the beginning, middle, and end using their main character.</p> <p style="text-align: center;"><b>(RL.1.1 &amp; RL.1.3)</b></p>																																				

**Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.**

**Parent Signature:** \_\_\_\_\_

## Remote Learning Activities for Students

1st Grade -- April 20th

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
<b>Activity 1 and Instructions</b>	<p>In your notebook write the following equations and answers for addition:</p> <p>10+2=    10+8=    10+3= 7+10=    10+4=    9+10= 6+10=    1+10=    10+0=</p> <p>In your notebook write the following equations and answers for subtraction:</p> <p>11-1=    14-10=    19-9= 12-2=    16-6=    18-10= 17-10=    10-0=    13-3=</p> <p><b>**You solve these by using a number line, noodles, cereal, crayon, tally marks, toys**</b></p> <p><b>(1.OA.6)</b></p>	<p>Pick a FICTION book from your home library or one online, if you have access, and please answer the following questions about the book in your notebook:</p> <p>Who are the main characters?</p> <p>What happened in the beginning, middle and end of the story?</p> <p>Where did the story take place?</p> <p>Did you enjoy this book? Why or why not?</p> <p><b>(RL.1.1)</b></p>	<p>Social Studies</p> <p><b>Vocab word:</b> Leader: helps people decide what to do and how to do it.</p> <p>In your notebook answer the following questions:</p> <p>How are leaders at home, school, and the community similar?</p> <p>Draw a school leader. Show how this person helps you.</p>	<p><u>ELA:</u></p> <p>Click on the link and listen to the story. When you are finished with the story, answer the following questions:</p> <p><a href="#">Book on YouTube: The Thing About Spring</a></p> <p>Who was the main character?</p> <p>Where did the story take place?</p> <p>What season is it in the story?</p> <p>What happened at the beginning, middle and end of the story?</p>
<b>Activity 2 and Instructions</b>	<p>In your notebook complete the following:</p> <p>Draw a circle and then cut the circle out. Fold that circle into fourths and then cut your circle into the 4 equal parts. Label each part of the circle (<math>\frac{1}{4}</math>).</p> <p><b>(1.G.3)</b></p>	<p>Sight Word Hunt: Have your parent write the sight words on paper and place around the house. When you find the word, say it, spell it, and write it.</p> <p>dad, bus, love, tell, into, where, because, after, their, just, before, both, rain, across, behind</p> <p><b>(RF.1.3)</b></p>		

**Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.**

**Parent Signature:** \_\_\_\_\_

## Remote Learning Activities for Students

1st Grade -- April 21st (Baby Animals)

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
<b>Activity 1 and Instructions</b>	<p>Write down the following numbers. Then tell how many tens and ones. Example: 23: <b>2</b> tens and <b>3</b> ones</p> <p>56 32 47 89 17 5 90 45 73 58</p> <p><b>1.NBT.2</b></p>	<p>Pick a book you have at home or think of a book you've read before. Take a piece of paper and fold it in half, then fold it in half again. In the first square draw the main character(s), in the 2nd square draw the setting, in the third square draw the problem, and the last square draw the ending/how they solved the problem.</p> <p>Write a sentence under each picture to explain what the picture shows.</p> <p>(RL.1.1)</p>	<p><b>Match the animal baby to its adult:</b></p> <p>calf piglet foal lamb gosling chick</p> <p>hen cow goose sheep horse pig</p> <p>(1-LS1)</p>	<p>ELA Find a video or book on Youtube about baby animals. Write 2 or 3 sentences about what you learned</p> <p style="text-align: center;">Visit your Clever and select Reading &amp; Math Activities</p> <p><a href="#">.Math at Home - Grade 1</a></p>
<b>Activity 2 and Instructions</b>	<p>Write an addition AND subtraction story problem about something that might happen on a farm.</p> <p>Example: A farmer has 26 cows. She milked some cows. Now there are only 13 more cows to milk. How many cows did she already milk?</p> <p>(1.OA1)</p>	<p>Pick 3 colors and write each word. <b>would, could, should, her, over, number.</b> Pick 3 different words and put in a sentence.</p> <p>(RF1.3)</p>		

**Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.**

**Parent Signature:** \_\_\_\_\_



# Remote Learning Activities for Students

1st Grade -- April 22nd

Parents: Choose two activities from each page each day.

	Math	Reading and Writing	Science/ Social Studies	Extra Challenge (any subject)
<b>Activity 1 and Instructions</b>	<p><b>Graph the types of birds that frequent your yard or windows.</b></p> <p>Bird watching is fascinating for everyone. <a href="#">Check out these tips for identifying birds.</a> Once you've tracked your birds, <a href="#">make a graph</a> to show how many of each kind were in your backyard during a certain period of time.</p> <p><a href="#">(CCSS.MATH.CONTENT.1.MD.C.4)</a></p>	<p><b>Learn ten new big words. Write them in marker on your bathroom mirror.</b></p> <p>Don't worry, markers come off mirrors easily. Meanwhile, yay for big words like: ubiquitous, flippant, and redundant.</p> <p><a href="#">(CCSS.ELA-LITERACY.L.1.5)</a></p>	<p><b>Social Studies</b></p> <p><b>Color in a map with every state you (or your family) ever visited.</b></p> <p><a href="#">Try this map for a digital one.</a></p>	<p>ELA: Write your own story about springtime! Be sure to include a beginning, middle, and an end.</p> <p><b>Create portraits of two people. Create a Venn Diagram that compares and contrasts traits.</b></p> <p>Understanding that people who seem very different may have a lot of similarities shifts our perspective and creates room for kindness and understanding</p>
<b>Activity 2 and Instructions</b>	<p><b>Addition From A Hat</b></p> <p>Write the numbers 0-9 on small pieces of paper and put them in a hat. Pull out two numbers and then two more. Add or subtract these numbers together. (For example, if you pull a 2 and 4, then a 1 and 8 I would either add <math>24 + 18</math> or subtract <math>24 - 18</math>.)</p> <p><a href="#">(CCSS.MATH.CONTENT.1.OA.C.6)</a></p>	<p><b>Write a poem on your sidewalk using chalk about Spring.</b></p> <p>Writing poetry is freeing because there aren't a lot of rules. Or you can establish a rule and see how different people think about it. For example, write a poem about snow without using the words white or cold.</p> <p><a href="#">(CCSS.ELA-LITERACY.RL.1.10)</a></p>	<p>(SS.G.1.1)</p>	


**Be sure to check the specials (Art, Music, PE) and the Social/Emotional Learning pages for more grade specific activities.**

**Parent Signature:** \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- (SEL) Theme: **Respect Yourself and Others**

The columns below offer choices for student activities for any day.

Social Emotional Learning Choice Board				
<p>Draw a picture of you as an adult</p> <p>What are your dreams? What would you like to be doing when you are older?</p> <p>What would you like to be?</p>	<p>How do you show respect to the people in your family?</p> <p>Draw pictures or make a list (with an adult) of ways you can show someone respect.</p> <p>Then select a new way every day moving forward to showing respect to the people you are with or communicating with online.</p> <p>Learn a new song about respect. -Sing the All About Respect Song <a href="https://www.youtube.com/watch?v=TmRjyQIWYQ">https://www.youtube.com/watch?v=TmRjyQIWYQ</a></p>	<p>Find a location in your house that is your "Happy Place".</p> <p>A Happy Place is a location where you feel the calmest and most relaxed. For some people, this can be in your bedroom, backyard, or playroom.</p> <p>Draw a picture of you in your happy place.</p>		
<p>Everyone can be taught to solve their problems, here's how:</p> <p><b>Problem Solving Steps</b></p> <ol style="list-style-type: none"> <li>1. <b>Identify how you feel?</b></li> <li>2. <b>What is the problem?</b></li> <li>3. <b>Come up with solutions.</b></li> <li>4. <b>What would happen with each solution.</b></li> <li>5. <b>Choose your solution and try it. Problem Solved!</b></li> </ol> <p>Let's Practice</p> <ul style="list-style-type: none"> <li>-With an adult, identify and talk about a common problem at home.</li> <li>-How does it make you feel?</li> <li>-What would make you feel better and why?</li> <li>-Be creative. Come up with as many solutions as you can.</li> <li>-Did you solve the problem?</li> </ul> <p>These steps can also be used while reading any books that involve finding solutions to problems.</p>	<p>Create a family action plan for solving problems while playing the family's favorite sport or game.</p> <p>Make a T Chart and label one side "If" and the other side "Then".</p> <p>Decide together some possible reactions to problems that everyone can reference in the heat of the moment during the game.</p> <p>Pictures and/or emojis can be put on the chart as well.</p> <p>Display your T-Chart somewhere everyone can reference it.</p> <div style="text-align: center;"> <p><b>T Chart</b></p> <table border="1" style="margin-left: auto; margin-right: auto;"> <tr> <td style="padding: 5px;">If... Joey doesn't make the touchdown and gets upset.</td> <td style="padding: 5px;">Then... He can walk away and take five focused breaths.</td> </tr> </table> </div>	If... Joey doesn't make the touchdown and gets upset.	Then... He can walk away and take five focused breaths.	<p>Practice planning ahead. Pretend you are going to go on a vacation. You pick the spot.</p> <p>Now, draw everything you want to take in your suitcase.</p> <p>Talk about everything you're taking. Why are those items important to you and how do they make you feel?</p>
If... Joey doesn't make the touchdown and gets upset.	Then... He can walk away and take five focused breaths.			
<p>Take a Respect Walk</p> <p>Go outside and take a walk with an adult. While you are outside, think about ways to show respect to your neighbors and property.</p> <p>Draw a picture of what you thought of on your respect walk!</p>	<p>Go outside (or inside) and play a game with your family. Talk about sportsmanship and what it: Looks Like, Sounds Like, Smells like</p> <p><b>Game Ideas:</b></p> <ul style="list-style-type: none"> <li>Life</li> <li>Tic Tac Toe</li> <li>Hang-Man</li> <li>4 square</li> <li>Jump rope</li> <li>Tag</li> <li>Relay Races</li> <li>Uno</li> <li>Monopoly</li> <li>Basketball (around the world)</li> <li>Simon Says</li> </ul>	<p>Find a spot, inside or outside, that helps you feel calm. Try some of these poses while focusing on your breathing. Breathe in for 4 seconds, hold for 4 seconds, and then breathe out for 4 seconds.</p> 		

Parent Signature: \_\_\_\_\_

# Remote Learning Activities for Students

1st Grade -- (Electives)

The columns below offer choices for student activities for any day.

Art	Music	PE/Health
<p>On your nature walk with your parents, look for hearts. Pick your favorite heart display and draw the picture of what you saw. Challenge: Color with your favorite material</p>	<p>Create a rhythm using ta's (quarter notes) and ti-ti's (two eighth notes) and perform it for someone. It can be any combination or length.</p> <p>MU:Cr1.1.1</p>	<p>Tower Stacking Challenge</p> <p>Build the tallest tower using stuff found around your home! Stack items found around your home to build a tall tower. No limit on how many items may be used. Be sure to stack heavier things on bottom and lighter things on top.</p> <p>Bonus: This can be done outside! Same rules apply stack items you can find outside your home or neighborhood to build the tallest tower possible.</p>
<p>Go on a walk around your house or neighborhood (get parent permission). Look to see if you can find bird nests. Think about how you could create a nest. Using materials you are able too, create your own bird nest.</p> <p><b>**Do as a family team or make it a competition</b></p> <p>One way that birds make their nests is through weaving (interlocking pieces together)</p>	<p>Read a short book. Pick out important characters. Create sound effects for each character. Read it again, adding your sound effects!</p> <p>MU:Cr1.1.1</p>	<p><b>Practice Fitness Testing Standards</b></p> <p>Have you been staying active? Let's find out. Remember the four tests we do? If you don't, here they are...</p> <p><b>Sit and Reach</b></p> <p>*Sit on bottom, knees straight</p> <p>*Can you reach past your toes?</p> <p><b>Pushup &amp; Hold</b></p> <p>*Freeze at the top of your pushup</p> <p>*Can you hold it for 28 seconds?</p> <p><b>Sit Ups</b></p> <p>*Hands on legs, sit up to touch knees</p> <p>*Can you do 27 in a row?</p> <p><b>Jogging</b></p> <p>*Can you jog without stopping for 3:30?</p> <p><b>If your answer to all those is yes....then you are in great shape! Keep staying active!</b></p>
<p>Trace your hand. Add line designs in the foreground (hand) and background (behind your hand).</p> <p>Challenge: Add color</p>	<p>Create an instrument using household items. Play along to your favorite song!</p> <p>MU:Cr2.1.1</p> <p>*If you have electronic access, you'll enjoy experimenting on this link: <a href="https://musiclab.chromeexperiments.com/">https://musiclab.chromeexperiments.com/</a></p>	<p>Activity: Assessing Fitness Levels</p> <p>The goal of this activity is for students to describe the immediate effects of physical activity on the body (e.g., faster heartbeat, increased rate of breathing). Begin by asking students how their body is feeling. Some responses could be: Good, relaxed, calm, etc.</p> <p>Now ask your child to perform some physical activity that promotes lots of movement. Some examples include: 15-20 jumping jacks, Running as fast as possible in place for 30-45 seconds, or 10x Burpees (Start in a push up position, perform a push up and then jump forward in between your hands. Jump up into a high jump, then jump back into a push up position)</p> <p>Now ask your child to compare how they feel now to before beginning the exercises. How are their bodies feeling? What's different and why do you think your body feels this way now?</p>

**Parent Signature:** \_\_\_\_\_